



INDIAN INSTITUTE OF TROPICAL METEOROLOGY (IITM), PUNE

**Environmental Information, Awareness Capacity Building
and Livelihood Programme (EIACP) Programme Centre RP**

**Ministry of Environment, Forest and Climate Change (MoEF&CC),
Govt. of India**

Mission LIFE CALENDAR

2023

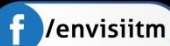


LIFE

Lifestyle For
Environment

**An India-led global mass movement to nudge
individual and community action to protect and
preserve the environment**

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'IITM-ENVIS' Mobile App

Create **Rainwater Harvesting** infrastructure in home/schools/offices



It improves the quality and quantity of groundwater

It advances self-sufficiency and helps conserve water

It can be used as a backup source of water for emergencies

Since it is a free source of water it reduces the water bill

It can solve the drainage problems on your property



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JANUARY

2023

MON	TUE	WED	THU	FRI	SAT	SUN
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Environmental Days

05th 
National Bird Day

30th 
National Cleanliness Day

Holidays


26th Republic Day

Notes



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Switch off Vehicle Engines at red lights and railway crossings

It will reduce fuel consumption and save money

It reduces emissions and keeps your environment clean

Use Public Transport wherever possible

It helps to improve road congestion and reduces air pollution

You can enjoy a less stressful & safety journey with healthier lifestyles



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FEBRUARY 2023

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

Environmental Days

- 02nd World Wetlands Day
- 27th International Polar Bear Day



Notes



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Fix **LEAKS** in flushes, taps and waterpipes

It save our limited water resources

It's Eco-Friendly and benefits not only you, but other nature too

It saves your expenses on structural damage to your home

It's not expensive and easy to get fix

Protects your health and wellbeing



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MARCH

2023

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Environmental Days

- 03rd World Wildlife Day
- 18th Global Recycling Day
- 20th World Sparrow Day
- 21st World Forestry Day

Holidays

- 07th Holi/Dhulivandan
- 22nd Gudi Padwa

Notes

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Use agricultural residue, animal waste for Composting, Manuring & Mulching



It improves soil properties and provides nutrients in a stable organic form

It helps to reduce waste and maintenance cost

It increases plant growth & health, and conserves water

It reduces weed germination, moderates soil temperature

It helps to combat Climate Change and assists in Wetland Reclamation



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APRIL

2023

MON	TUE	WED	THU	FRI	SAT	SUN
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

Environmental Days

18th World Heritage Day

22nd Earth Day

Holidays

04th Mahavir Jayanti

07th Good Friday

22nd Id-ul-Fitr

Notes



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Opt for **BAMBOO** Toothbrushes & Neem combs

It is safe & hygienic and just as effective as any plastic one

It is strong, biodegradable and has no negative impact on the planet

It helps to save the environment, especially the oceans, from being destroyed

Neem comb contains natural antiseptic properties

It encourage more sustainable living



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MAY

2023

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
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22	23	24	25	26	27	28
29	30	31				

Environmental Days

19th  Endangered Species Day

22nd  International Day for Biological Diversity

23rd  World Turtle Day

Holidays

05th  Budha Purnirna

Notes



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Participate in recharge of Rural Water Bodies through Amrit Sarovar Scheme



It helps in conservation of water and fight drought like condition

These water bodies would help control flood

During the summer, it will aid in preserving the level of ground water

It helps boost to fisheries sector and availability of water to both local and migratory birds



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JUNE

2023

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Environmental Days

05th World Environment Day

08th World Oceans Day

15th Global Wind Day

17th World Day to Combat Desertification and Drought

Holidays

29th Id-ul-Zuha (Bakrid)

Notes

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Discard (gadgets) **E-Waste** in nearest e-recycling units



Prevents toxic chemicals from polluting the ecosystem

Refurbished equipment are reused and conserves natural resources

It can prevent long-term damage

E-waste recycling saves unnecessary dumps & landfills

Creates new markets for the valuable components & jobs for professional recyclers



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JULY

2023

MON	TUE	WED	THU	FRI	SAT	SUN
31					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Environmental Days

- 1st-7th Van Mahotsav
- 26th International Mangrove Day
- 29th World Tiger Day

Holidays

- 29th Muharram

Notes



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Start Biodiversity Conservation at community level

It helps to conservation of essential ecological diversity to preserve the continuity of food chains

It will ensure sustainable management of the species and ecosystems.

Biodiversity conservation serves as an insurance policy for the future

It will protect and preserve species diversity



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AUGUST 2023

MON	TUE	WED	THU	FRI	SAT	SUN
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Environmental Days

10th 
World Lion Day

12th 
World Elephant Day

Holidays

15th 
Independence Day

Notes



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Buy Paper Products made from recycled paper



It is more biodegradable than other materials

Prevents pollution and reduces greenhouse gases by reducing the need to mine and process new raw materials

Reduces the amount of waste sent to landfills and incinerators

Recycling services are cheaper than trash-disposal services

Wildlife habitats stay healthy because of paper



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SEPTEMBER

2023

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Environmental Days

16th World Ozone Day

22nd World Rhino Day

Holidays

19th Ganesh Chaturthi

28th Id-e-Milad

Notes



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Create Kitchen Gardens / Terrace Gardens at homes/ schools/ offices



It reduces overall heat absorption of buildings and insulate the building against heat and cold

it gives convenience of safe, pesticide-free, healthy green and fresh vegetables

It helps to recycle vegetables and plant scraps

Provides a hands-on experience on the cultivation of crops

It is conducive to a routine of physical exercise, clean air and being close to nature



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OCTOBER 2023

MON	TUE	WED	THU	FRI	SAT	SUN
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Environmental Days

23rd 
International Snow Leopard Day

24th 
International Day of Climate Action

Holidays

02nd 
Mahatma Gandhi's Birthday

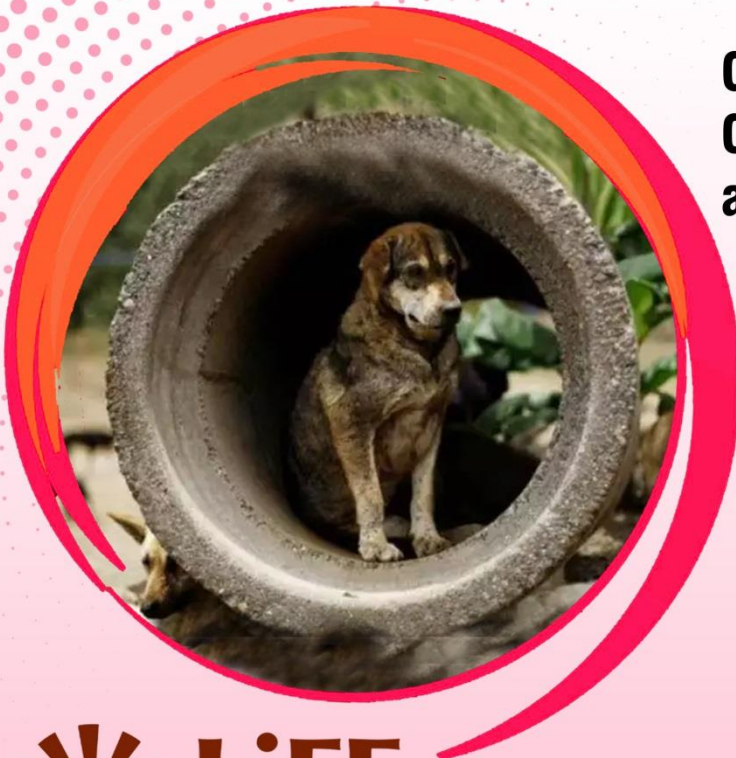
24th 
Dussehra

Notes



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Create and **VOLUNTEER** at Community Food and Cloth Banks, and Animal Shelters

Community food provide a healthy boost to your self-confidence, self-esteem, quality time and life satisfaction.

Cloth banks keeps your home clutter-free and aids those in need

Animal shelters provide animals with food, water, and medical care; protection from the elements; relief from suffering; and a caring human presence



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NOVEMBER

2023

MON	TUE	WED	THU	FRI	SAT	SUN
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Environmental Days

11th National Education Day

19th International GIS Day

Holidays

12th Diwali (Deepavali)

27th Guru Nanak's Birthday

Notes



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Use **Cloth Bag** for shopping instead of plastic bags

Cloth bags can be reused and recycled as well as non-toxic to the environment

Cloth bags are capable of carrying more things

Durable and long lasting, not easy to tear like Plastic and Paper bags do

Cloth bags are biodegradable so they do not pollute the environment

Cloth bags are more sustainable



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DECEMBER

2023

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Environmental Days

02nd 
National Pollution Control Day

05th 
World Soil Day

11th 
International Mountain Day

Holidays

25th 
Christmas Day

Notes



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